

Hidden Gems: Meet Nadia Angelini of Intuition By Nadia

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Today we'd like to introduce you to Nadia Angelini.

Hi Nadia, can you start by introducing yourself?

We'd love to learn more about how you got to where you are today?

I call myself an Intuitive Life Coach, because I work in a very unique way based on a combination of traditional therapeutic techniques, mindfulness and spirituality. I truly believe that every person has intuitive abilities and I strive to help build that in my clients so they don't need me.

As a child, I was always more sensitive and shyer than most kids. I always felt like I was different and didn't function like everyone else did. I realized later that like my father, I had a highly addictive personality type, which made me more sensitive and intense internally. That was the beginning of why I do what I do now. Like many others, my family life was not ideal, but I won't go into details. Due to a lot of instability, I struggled in school and was bullied due to my very apparent insecurity.

At seven years old, I began playing the piano, singing, and writing music. This was the first time I found a way to truly express myself.

I always felt like I understood people and I found I had a natural ability to put those observations into words. I could feel what was underneath people's façades somehow. I would tell my mom that I could tell when people were lying. I remember one of my early therapists saying that, on the surface, my sensitivity appeared to be a liability, but if I use it wisely it could be my greatest asset.

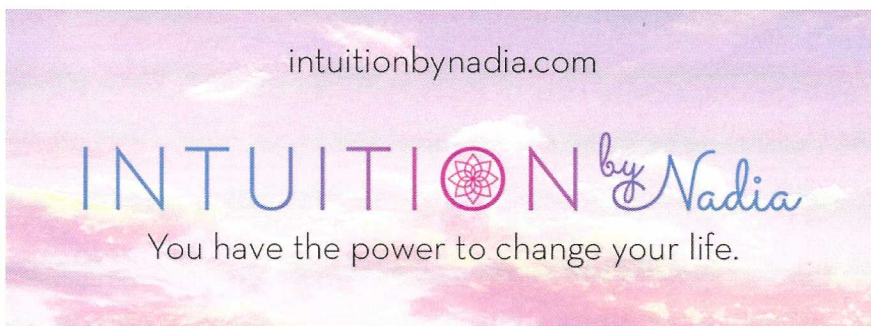
At 12 years old, I was hit by a car on San Vicente shortly after my grandfather, who was like a father to me, died. I had a near-death experience that changed me forever. I didn't share this with anyone at the time.

When I was 18, I was with my mom in the Santa Monica Homeopathic Pharmacy, and in the back they had a small bookstore. I was looking around and it felt like my arm reached out on its own and grabbed a book. It was *Conversations With God*, by Neale Donald Walsh. I immediately thought it was a religious book and was going to put it back, but something in my made me read the back. Tears went streaming down my face. I thought to myself, "I am not crazy. I knew it!" I still chose not to share my new realization with anyone, as not to appear crazy.

As my music career began to get some recognition, I was told to go to acting classes to gain some confidence in my performance. That is where I met the noted actress Dee Wallace. She included self-help and healing work into her acting classes, with the premise that if you don't know how to heal yourself, you couldn't be a great performer. Dee saw right away that I would just "know" things about people and asked me to work at one of her self-help workshops. At this point, I was 23 years old.

The first time I worked at one of Dee's workshops, she had several other "helpers" and asked that the large group choose one of us to work with them individually and line up in front of that person. She said, "Go to the person you are 'called' to. My line was huge, I was shocked. I didn't know how much I would enjoy helping people and it was then that I realized that I was really good at this. I honestly didn't know how or where my knowledge of people was coming from, but it was working.

I began seeing clients by donation just to build trust in myself. Alongside that, I was in a 12-Step Al-anon program, exploring spirituality and fostering my own personal growth. Through word of mouth, I built a solid client base within a year. I called myself a Healer/Intuitive.



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